

One bench, three uses

Use what you have. Fill in your own observations. No example measurements are supplied.

Record the actual opening

Units / clear width, height and depth / braces, handles and other obstructions.

Working

Task / chair or stool / space needed for legs, feet and approaching or leaving.

Parked

Container with lid and handles / instructions checked / what the stored kit blocks.

Retrieving and returning

Route / lid resting place / first conflict during a manageable real-object trial.

One next trial

Change one thing. Repeat working, parking and retrieval. Note unresolved limits.

Planning aid, not a load rating or ergonomic assessment. Follow equipment instructions; stop an obstructed or uncomfortable trial.